

Sediko Hand & Foot THERAPIES

HAND & FOOT THERAPIES

Sediko Classic Manicure	R350		30min
Sediko French Manicure	R450		30min
Hot stone add on	R200		15min
Intensive Paraffin Wax	R200		15min
Sediko Luxury Manicure	R850		60min
Hands/Feet Exfoliation	R380		15min

SEDIKO CLASSIC PEDICURES

Sediko Classic Pedicure	R400		30min
Sediko French Pedicure	R450		30min
Intensive Paraffin Wax	R200		15min
African Ginger Luxury Pedicure	R850		60min
Hand/Foot Massage	R380		30min

NAIL TREATMENTS

Gelish Tips with Overlay R570	Acrylic Tips with Overlay R570
Acrylic Overlay R470	Acrylic Fill R350
Gelish Toe Nail Treatment R330	Soak Off R200
Evo Overlay R420	Gelish Overlay R330
Bio Sculpture Overlay R480	Gelish/Evo Add On R150
Stick on gel tips R500	Gelish soft gel tips R520

Sediko Hair THERAPIES

Indian Head Massage	R660		45min
Keratin Treatment			

Short | R1260 Medium | R1850 Long | R2340

HAIR SERUMS & MASKS

Serum | R270 60 Second Mask | R110

SALON TREATMENTS

Beard shave R110

Hair Spa treatment R1200

Shampoo, Cut & Style

Short | R470 Medium | R600 Long | R740 Men's | R270

Shampoo & Style

Short | R340 Medium | R400 Long | R530

Goldwell Colour Services

Short | R600 Medium | R800 Long | R1200 Extra Long | R1720
Roots | R660

Highlights

Half short | R680 Full short | R800 Half medium | R820
Full medium | R930 Half long | R950 Full long | R1200
Toner cost | R660

Updo

Up Style Trial | R530 Up Style | R740 Curls | R740 Plait only | R270

Sediko Beauty THERAPIES

BEAUTY TREATMENTS

Waxing

Half Leg | R320 Full Leg | R600 Bikini | R450 Brazilian | R600
Hollywood | R720 Under Arm | R380 Full Arm | R600
Stomach | R360 Chest | R420 Back | R600 Eyebrow | R200
Chin | R250 Lip | R190
Full Face | R600

Tinting

Brow Tint | R150 Lash Tint | R200

Sediko Fitness CENTRE

Sediko Fitness Centre is an adult sanctuary. Fitness Centre Guests must be 18 years or older. The centre is open from 6h00 to 19h00. Please contact the front desk at (014) 495 0050 for more information.

Our complimentary state-of-the-art, full-service fitness centre, featuring stunning views of the African bush, is available to all adult lodge guests. The Sediko Fitness Centre's selection includes the following:

- Bench press
- Free weights
- Rowing equipment
- Exercise bike
- Stairmaster
- Treadmills

Our outdoor lap swimming pool is available all year-round to all adult guests. Unwind with a relaxing session in the complimentary heated Jacuzzi, steam rooms and saunas.

The spa is classified as a Zen area. Please respect the tranquility of the spa and surrounding areas.

Sediko Corporate PACKAGES

Sediko Spa's principal undertaking is to spoil with ultimate luxurious relaxation, rejuvenation and therefore we encourage corporate companies to invest in the physical and mental wellness of their employees, executives and clients.

We offer an array of tailor made spa packages designed to facilitate each Corporate client's specific spa requirements. For any enquiries please contact reception at (014) 495 0050.

If you have any enquiries about any of our products, services and packages please contact reception at (014) 495 0050

Sediko BUSH SPA

PALALA BOUTIQUE GAME LODGE



Price list

LIMITED SPACE AVAILABLE!

Book now to avoid disappointment

082 958 6491

Sediko Signature

TREATMENTS

Sediko Merlot Bath for Two	R1 200 60min
Sediko Hammam Treatment	R1 600 90min
Sediko Razul Treatment	R 600 30min
Vichy Shower Massage Therapy	R1 600 60min
Sediko Flotation Therapy	R 400 30min
Cleopatra Milk and Honey Bath for Two	R 950 60min
Sediko Himalayan Pink Salt Massage	R1 100 60min

Sediko Spa

JOURNEYS

Sediko Escape	R2500 3.5hours
Tonga & Glass of Bubbly, Theravine Classic Facial, Sediko Cupping Massage, Luxury Pedicure	

Sediko Me Time	R3820 4.0hours
Cleopatra Milk & Honey Bath, Lemon Zest Candle Massage, Elemis Superfood Facial, Classic Pedicure	

Billionaires Bath for Two	R2610 2.0hours
Deep Tissue Massage with Grape Seed Oil and Merlot Bath for two	

Sediko Romantic Bliss for Two	R5000 3.0hours
Indoor Tonga, Razul Treatment, Lemon Zest Candle Massage, Cleopatra Milk & Honey Bath	

Sediko Royal	
24 Carat Gold Journey for Two	R7240 2.5hours
Indoor Tonga, 24 Carat Golden Hands Massage & Cleopatra Facial	

Nepal Journey	R2250 2.0hours
Razul Treatment, Himalayan Salt Massage, Indian Head Massage	

Sediko Wedding

PACKAGES

The Bachelorette's Getaway	R2430 3.0hours
Razul Treatment, 30 Minute Back, Neck & Shoulder or Foot Massage, Theravine Classic Facial, Pedicure	

Get Ready Bridesmaids	R1 530 2.0hours
30 Minute Back, Neck & Shoulder or Foot Massage, Theravine Classic Facial, Pedicure	

The Luminous Bridal Glow	R4940 3.5hours
Tonga & Bubbly, Illuminating Gold Scrub, 24 Carat Golden Hands Massage and Cleopatra Facial	

Man of the Hour	R2200 2.0hours
Flotation Pool, Deep Tissue Massage, Theravine Classic Facial	

Sediko Body

THERAPIES

CLASSICAL MASSAGE THERAPIES

Swedish Massage	R850 60min	R1 200 90min	R1 650 120min
Deep Tissue Massage	R850 60min	R1 160 90min	R1 650 120min
Hot Stone Massage	R850 60min	R1 200 90min	R1 650 120min
Back, Neck & Shoulder Massage			R700 45min

SEDIKO MASSAGE THERAPIES

CBD Infused Relaxing Massage	R950 60min
Sediko Cupping Massage	R950 60min
African Rungu Massage	R1 200 90min
Lemon Zest Candle Massage	R1 600 90min
Tri Scented Shea Body Massage	R1 250 90min
Sediko Prenatal Massage	R1 600 90min
24 Carat Golden Hands Massage	R1 300 60min

SEDIKO SCRUB AND WRAP THERAPIES

24 Carat Golden Body Illumination	R1 300 60min
Sediko Express Scrub	R500 30min

Sediko Facial

THERAPIES

SEDIKO FACIAL TREATMENTS

Theravine Classic Facial	R 950 60min
Ultravine Advance Gold Cellular Facial Treatment	R1 650 90min
Melanovine Pro-brilliance Mattifying Facial	R1 300 60min

ELEMIS TOUCH FACIAL TREATMENTS

ELEMIS Superfood Pro-Radiance Facial	R1 550 60min
ELEMIS Dynamic Resurfacing Precision Peel	R1 650 60min
ELEMIS Pro-Collagen Age Defy Touch Facial	R2 000 60min
ELEMIS Men's High Performance Skin Energiser	R1 650 60min

ELEMIS BIOTEC FACIAL TREATMENTS

ELEMIS BIOTEC Radiance Renew Facial	R2 220 60min
ELEMIS BIOTEC Line Eraser Facial	R1 900 60min

BLACK PEARL FACIAL TREATMENTS

24 Carat Gold Queen Cleopatra Facial	R2 300 60min
Thermal Toning Facial	R1 700 60min
Intense Moisture Facial	R1 450 60min
Bespoke for Men Facial	R1 200 60min

Sediko Bush Spa

ETIQUETTE

SPA ARRIVALS

We kindly request that you arrive 30 minutes prior to your treatment appointment time. Sediko Bush Spa will endeavour to accommodate late arrivals, but the length of the treatment may be adjusted to not interrupt the scheduled treatments of other guests. Full price of scheduled treatments will apply. Please plan accordingly.

RETURN POLICY

Sediko Bush Spa will provide you with the highest quality skin and body care products with your treatment services. Should you purchase any of our spa products for home use and find them to be defective, we will exchange any products within 7 days of purchase, provided a receipt is presented. Unfortunately, Sediko Bush Spa cannot provide cash refunds for returned products. Instead a spa credit will be provided for any returned products to be used on any other products or spa services available at Sediko Bush Spa.

GRATUITY

Gratuities for outstanding service, are appreciated by our highly qualified staff. Gratuity is not included in the price of services or spa packages; customary tipping runs 15% to 20% but is at your discretion. You may tip the therapist upon check out at the front desk with cash, or credit card.

CELL PHONES

We pride ourselves on the tranquil and sophisticated environment of our bush spa. During your visit, please be mindful of guests who are having treatments. We request that you please silence, or preferably switch off your cell phone and leave it in your designated locker to respect other guests enjoying the tranquillity of the Sediko Bush Spa.

SPA ATTIRE

For spa treatments, you will be provided with a robe and slippers to wear between treatments, as well as a locker for your personal belongings. Our therapists are highly trained in draping procedures to ensure your complete privacy during treatments. For your comfort, undergarments may be worn during treatments. Swimming attire is required in pools and wet areas of the spa.

CHILDREN & TEENS

Sediko Bush Spa is an adult sanctuary. Spa guests must be 18 years or older. Children under 18 are not permitted in service areas or treatment rooms. Please arrange for child care prior to your visit.

CONSIDERATION OF FELLOW SPA GUESTS

Sediko Bush Spa is strictly a Zen area. To ensure that you and others enjoy the full atmosphere and experience of Sediko Bush Spa, we request that you keep conversations in common Zen areas to a minimum and kindly speak in a hushed tone in treatment rooms should you wish to talk during your treatment session.

INAPPROPRIATE BEHAVIOUR

Sediko Bush Spa reserves the right to terminate any treatment due to inappropriate behaviour of a Spa guest

Tel: 014 495 0050 | Email: reservations@sediko.co.za
Goblersbrug | Limpopo | South Africa

Terms and conditions apply. Prices are subject to change