

Sediko

BUSH SPA

PALALA BOUTIQUE GAME LODGE

Groblersbrug | Limpopo | South Africa



A luxurious bush spa escape for some me time

Sediko Bush Spa



Welcome to Sediko Bush Spa

Hidden away on the banks of the majestic Limpopo river lies the one of a kind Sediko Bush Spa. Here, in the African bush, time stands still and every experience is dedicated to pure bliss, calmness and serenity.

Aptly named after the Northern Sotho word “circle”, Sediko Bush Spa invites you to immerse in this African oasis offering an idyllic retreat from the demands of city life. Enthused by the soothing backdrops of nature, Sediko Bush Spa offers a haven to unwind, relax and revive the senses. Recreate the circle of wellbeing with holistic facial and body treatments that will transport you into Sediko Bush Spa’s world of reinvigoration and renewal. Our carefully selected African and international facial and body treatments, performed by world-class therapists, will guide you to find your true African wellness Sediko, whilst our signature beauty services will provide you with flawless finishing touches.

Sediko Bush Spa offers a wide variety of hydrotherapy spoils such as Hammam, Vichy and Rasul chambers, flotation pools, sensation showers, outdoor natural stone baths, saunas and steam rooms. Put your feet up and be pampered with Sediko Bush Spa’s food and beverage services on offer during your spa journey.

Our Sediko philosophy is to craft a circular sense of relaxation and spoil with a gracious culture steeped in hospitality, where elevated levels of service and attention to detail guarantee a sense of revival and renewal of body and soul, we look forward to welcoming you.

Cross the threshold of Sediko Bush Spa and experience every sensation luring you to unwind and relax. Take a journey of discovery and reconnect to your Sediko of mind, body and spirit.

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SIGNATURE TREATMENTS INCLUDE:

Hamмам Therapy | Rasul Mud Therapy | Merlot Wine Bath | Lemon Zest Candle Wax Massage and many more

PART OF WHAT MAKES SEDIKO SPECIAL:

- 10 Treatments rooms
- Fitness centre
- Two swimming pools
 - Pool bar
 - Two Jacuzzis
- Two steam rooms
 - Two saunas
 - Bushveld view
- Hair & Beauty salon
 - Nail bar

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Cross the threshold and start your journey of rediscovery

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Warm and welcoming reception

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Relax for a moment in our beautiful lounge

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Public areas

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Introducing Sediko's Signature Treatments

Indulge your senses with our hand selected signature Sediko Bush Spa treatments. Our signature spa experiences present unique and lavish treatments creating the perfect Sediko of indulgence and well-being.

Sediko Merlot Bath | Sediko Hammam Treatment | Sediko Rasul Treatment | Sediko Vichy Shower Massage Therapy | Sediko Flotation Therapy

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Hammam Chamber

Sediko Bush Spa



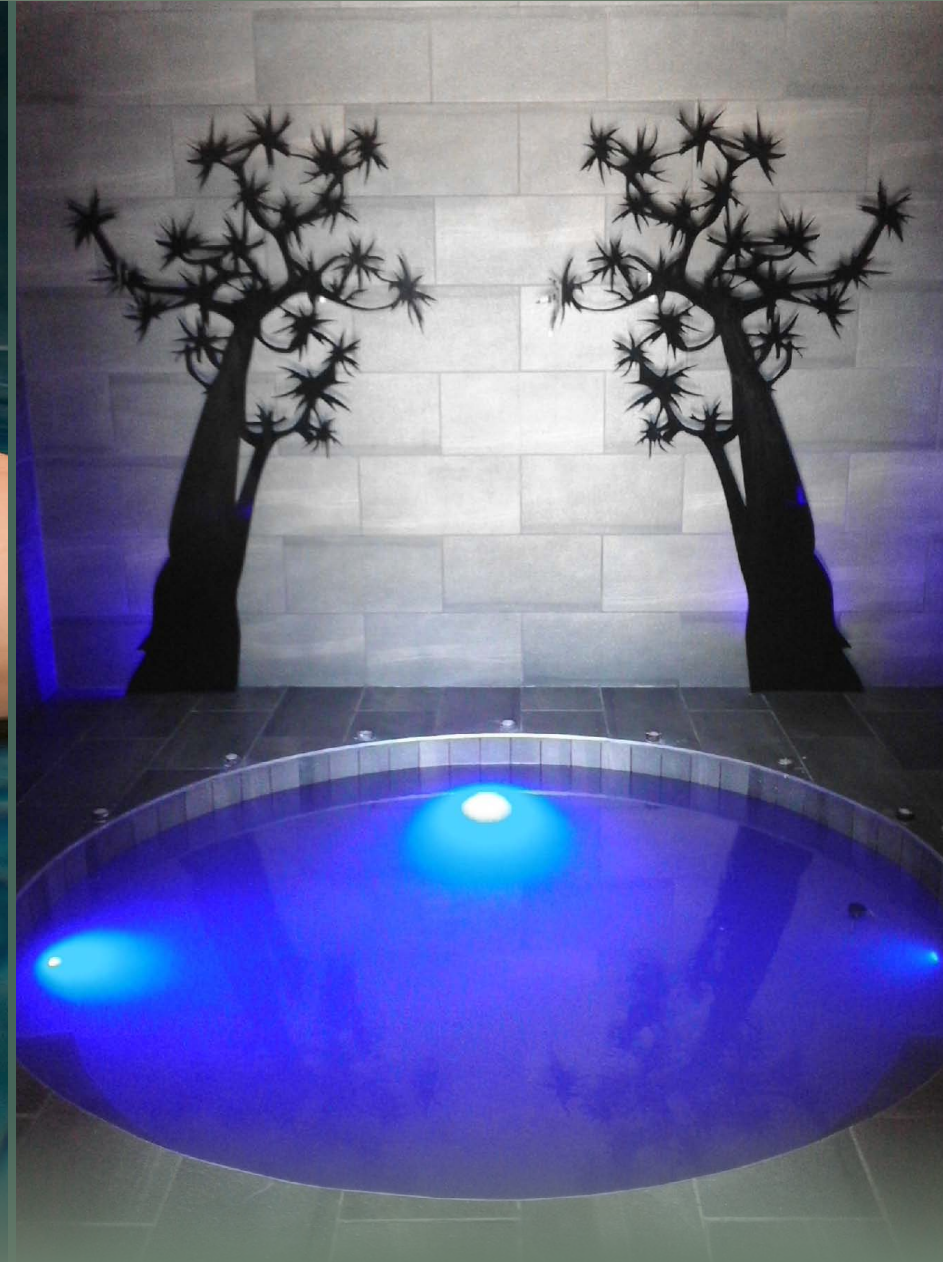
Merlot Bath

Sediko Bush Spa



Vichy Shower

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Flotation Room

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Sediko's massages are enjoyed in one of our 10 couple's treatment rooms

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Rejuvenating Hydro Therapies

Unwind with a relaxing session in the complimentary heated jacuzzi, steam rooms or saunas.

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Moriri Salon

There is nothing more luxurious than beautifully styled and treated hair. Allow Moriri's professional hair stylists to take care of your hair's wellbeing with highly specialised Goldwell treatments to suit your specific needs and condition.

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All about feeling

Beauty may only be skin deep, but when you look good on the outside, you can't help but feel content and confident from the inside. Sediko Bush Spa Beauty treatments include waxing and tinting treatments for your effortless beauty.

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State-of-the-art fitness centre

Our complimentary state-of-the-art, full-service fitness centre, featuring stunning views of the African bush, is available to all adult lodge guests.

The Sediko Fitness Centre's selection includes the following:

Bench press | Free weights | Rowing equipment | Exercise bike | Stairmaster Treadmills

Our outdoor lap swimming pool is available all year-round to all adult guests.

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CONTACT US

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FOR MORE INFO

LOCATION

